

October 2023

Mon Tue Wed Thu Fri

	<p>2</p> <p>Italian Sausage, Peppers & Onions Sandwiches Coleslaw Salad Dessert</p>	<p>3</p> <p>Breaded Chicken Roasted Potatoes Vegetable Salad Dessert</p>	<p>4</p> <p>Chicken Waldorf Salad on Croissants Macaroni Salad Dessert</p>	<p>5 *Bingo</p> <p>Sloppy Joes Coleslaw Vegetable Salad Dessert</p>	<p>6</p> <p>BLTs Chips Salad Dessert</p>	
	<p>9</p> <p>CLOSED FOR COLUMBUS DAY</p>	<p>10 *Birthday Bash</p> <p>Pork Loin Gravy Mashed Potatoes Vegetable Salad Birthday Cake</p>	<p>11</p> <p>Spaghetti & Meatballs Vegetable Salad Dessert</p>	<p>12 *Mind Puzzles</p> <p>Chicken Stir Fry Rice Salad Dessert</p>	<p>13</p> <p>Mac & Cheese Vegetable Salad Dessert</p>	
	<p>16</p> <p>Warm Ham, Swiss & Apple Sandwiches Chips Salad Dessert</p>	<p>17</p> <p>American Salad Bar Rolls Dessert</p>	<p>18</p> <p>Baked Chicken in Mushroom Sauce Vegetable Salad Dessert</p>	<p>19 *Gameday</p> <p>Turkey & Swiss Wraps Macaroni Salad Chips Dessert</p>	<p>20 *Business Partner Fair</p> <p>Cheesy Chicken Zucchini Casserole Vegetable Salad Dessert</p>	
	<p>23</p> <p>Meatball Subs Vegetable Salad Dessert</p>	<p>24 *AARP Class</p> <p>Penne w/ Italian Sausage Garlic Bread Vegetable Salad Dessert</p>	<p>25</p> <p>Ham & Pineapple Roasted Potatoes Vegetable Salad Dessert</p>	<p>26 *Bunko</p> <p>Chili Cornbread Vegetable Salad Dessert</p>	<p>27</p> <p>Tortellini w/ Spinach & Chicken Alfredo Sauce Vegetable Salad Dessert</p>	
	<p>30</p> <p>Breakfast for lunch: Pancakes Sausage Links Hash Browns Fruit Salad</p>	<p>31</p> <p>Goulash Biscuits Salad Halloween Dessert</p>	<p>NOTE: If you have food allergy, please notify us.</p>	<p>Lunch is served at noon. Reservations must be made by calling 315-682-7889 by 1 p.m. the previous business day.</p>	<p>Lunch is \$6 for members, unless otherwise stated. Takeout lunches for members are \$7.</p>	