

SEPTEMBER 2023

	Mon	Tue	Wed	Thu	Fri
					I *9:30 Vets Coffee Hr. 10:00 Strength/Balance 11:00 Beg. Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, Pickleball, Line Dancing
	4 9:30 Bridge 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	5 *Birthday Bash 10:00 Strength/Balance 11:00 Strength/Balance 11:30 Reception 12:00 Lunch 12:45 Mah Jong 12:45 Mah Jong Class 12:45 Singing Group	6 *Intake Day 10:00 Hand/Foot 10:00 Hand, Foot, Knee 10:00 Duplicate Bridge 11:00 Intermed. Tai Chi 12:00 Lunch 12:45 Scrabble, Pickleball, Cribbage	7 *Intake Day, Fall Prevention 10:00 Strength/Balance 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 Bingo 12:45 Cornhole	8 *Open House: 10-noon 10:00 Strength/Balance 11:00 Beginner Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, Pickleball, Line Dancing
	11 *Intake Day 9:30 Bridge 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	12 *Intake Day, AARP 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Mah Jong Class No Singing Group	13 10:00 Hand/Foot, HFK 10:00 Duplicate Bridge 11:00 Intermed. Tai Chi 12:00 Lunch 12:45 Scrabble, Cribbage, Pickleball	14 *Fall Prevention 10:00 Strength/Balance 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 Mind Puzzles 12:45 Cornhole	15 *Art Workshop 10:00 Strength/Balance 11:00 Beginner Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, Pickleball, Line Dancing
	18 *Theater Workshop 9:30 Bridge 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	19 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Mah Jong Class 12:45 Singing Group	20 10:00 Hand/Foot 10:00 Hand, Foot, Knee 10:00 Duplicate Bridge 11:00 Intermed. Tai Chi 12:00 Lunch 12:45 Scrabble, Cribbage, Pickleball	21 *Fall Prevention 10:00 Strength/Balance 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 Cornhole 12:45 Password, Caregivers' Workshop	22 *Art Workshop 10:00 Strength/Balance 11:00 Beginner Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, Pickleball, Line Dancing
	25 *Rev Theater Trip 9:30 Bridge 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge, Pickleball, Book Club	26 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Mah Jong Class 12:45 Singing Group	27 *Flu Clinic: 9:30 am 10:00 Hand/Foot/Knee 10:00 Hand/Foot 10:00 Duplicate Bridge 11:00 Intermed. Tai Chi 12:00 Lunch 12:45 Scrabble, Cribbage, Pickleball	28 *Fall Prevention 10:00 Strength/Balance 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 Bunko 12:45 Cornhole	29 *Tag Sale Preview 10:00 Strength/Balance 11:00 Beginner Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, Pickleball, Line Dancing