

February 2024

	Mon	Tue	Wed	Thu	Fri	
				1 *Bingo: 12:45 9:30 Hand, Knee, Foot 10:00 S/B, Ping Pong 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 P-Ball, Cornhole	2 9:30 Vets Coffee Hr 10:00 Strength/Balance 11:00 Beg. Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, P-ball	
	5 9:30 Bridge 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	6 *Birthday Bash 10:00 Strength/Balance 11:00 Strength/Balance 11:30 B-Day Reception 12:00 B-Day Lunch 12:45 Mah Jong 12:45 Singing , P-Ball	7 9:30 Hand, Knee, Foot 10:00 Hand/Foot, Pound 10:00 Duplicate Bridge 11:00 Int. Tai Chi 12:00 Lunch 12:45 Scrble, P-ball, Crib.	8 *Game Day: 12:45 9:30 Hand, Knee, Foot 10:00 S/B, Ping Pong 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 P-Ball Cornhole	9 9:30 Sr. Connections 10:00 Strength/Balance 11:00 Beginner Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, P-ball	
	12 9:30 Bridge 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	13 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Singing Group 12:45 Pickleball	14 9:30 Hand, Knee, Foot 10:00 Hand/Foot, Pound 10:00 Duplicate Bridge 11:00 Int. Tai Chi 12:00 Lunch 12:45 Scrble, P-ball, Crib.	15 *V-Day Party 9:30 Hand, Knee, Foot 10:00 Ping Pong 10:00 Busy Hands Grp 11:30 V-Day Reception 12:00 V-Day Luncheon *No exercise	16 10:00 Strength/Balance 11:00 Beginner Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, P-ball	
	19 CLOSED: PRESIDENTS' DAY	20 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Singing Group 12:45 Pickleball	21 9:30 Hand, Knee, Foot 10:00 Hand/Foot, Pound 10:00 Duplicate Bridge 11:00 Int. Tai Chi 12:00 Lunch 12:45 Scrble, P-ball, Crib.	22 *M. Puzzles: 12:45 9:30 Hand, Knee, Foot 10:00 S/B, Ping Pong 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 Cornhole, P-Ball	23 9:30 Sr. Connections 10:00 Strength/Balance 11:00 Beginner Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle 12:45 Pickleball	
	26 *Book Club 9:30 Bridge 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	27 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Singing, P-Ball	28 9:30 Hand, Knee, Foot 10:00 Hand/Foot, Pound 10:00 Duplicate Bridge 11:00 Int. Tai Chi 12:00 Lunch 12:45 Scrble, P-ball , Crib	29 *Bunko: 12:45 9:30 Hand, Knee, Foot 10:00 S/B, Ping Pong 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 Cornhole, P-Ball		