

July 2024

	Mon	Tue	Wed	Thu	Fri	
	1 9:30 Bridge 10:00 D. Bridge, Dance 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	2 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Singing Group 12:45 Pickleball	3 9:30 Hand, Knee, Foot 10:00 H/F, Pilates 10:00 Duplicate Bridge 11:00 Int. Tai Chi 12:00 Lunch 12:45 Scrble, P-ball	4 CLOSED	5 CLOSED	
	8 9:30 Bridge 10:00 D. Bridge, Dance 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	9 *Birthday Bash 10:00 Strength/Balance 11:00 Strength/Balance 11:30 B-Day Reception 12:00 B-Day Lunch 12:45 Mah Jong 12:45 Singing, P-Ball	10 9:30 Hand, Knee, Foot 10:00 H/F, Pilates 10:00 Duplicate Bridge 11:00 Int. Tai Chi 12:00 Lunch 12:45 Scrble, P-ball	11 *Over 90's, Puzzles 9:30 HKF, Fall WS 10:00 S/B, P. Pong 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 P-Ball, M. Puzzles	12 9:30 Sr. Connections 10:00 S/B, P. Pong 11:00 Beginner Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, Art Workshop	
	15 9:30 Bridge 10:00 D. Bridge, Dance 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	16 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Singing Group 12:45 Pickleball	17 9:30 Hand, Knee, Foot 10:00 H/F, Pilates 10:00 Duplicate Bridge 11:00 Int. Tai Chi 12:00 Lunch 12:45 Scrble, P-ball	18 *A. Meeting 9:30 Hand, Knee, Foot 10:00 S/B, P. Pong 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 Annual Meeting	19*No Tech Time 10:00 S/B, P. Pong 11:00 Beginner Zumba No Tech Time 12:00 Lunch 12:45 Pinochle, Art Workshop	
	22 9:30 Bridge 10:00 D. Bridge, Dance 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	23 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Singing Group 12:34 Pickleball	24 9:30 Hand, Knee, Foot 10:00 H/F, Pilates 10:00 Duplicate Bridge 11:00 Int. Tai Chi 12:00 Lunch 12:45 Scrble, P-ball	25 *Bunko 9:30 Hand, Knee, Foot 10:00 Strength, P. Pong 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 Bunko, P-Ball	26 9:30 Sr. Connections 10:00 Ping Pong 11:00 Beginner Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, Art Workshop	
	29*B. Club @ 12:45 9:30 Bridge 10:00 D. Bridge, Dance 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	30*AARP: 9am-4:30pm 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Singing Group 12:45 Pickleball	31 9:30 Hand, Knee, Foot 10:00 H/F, Pilates 10:00 Duplicate Bridge 11:00 Int. Tai Chi 12:00 Lunch 12:45 Scrble, P-ball		S/B=Strength/Balance P-Ball=Pickleball P. Pong=Ping Pong Scrble=Scrabble D.Bridge=Duplicate Bridge Dance=Line Dancing	