

June 2024

Mon	Tue	Wed	Thu	Fri	
3 9:30 Bridge 10:00 D. Bridge, Dance 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	4*AARP: 9 am-4:30pm 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Singing Group 12:45 Pickleball	5 9:30 Hand, Knee, Foot 10:00 Hand/Foot 10:00 Duplicate Bridge 11:00 Int. Tai Chi 12:00 Lunch 12:45 Scrble, P-ball	6*Spring Luncheon, NO Exercise 9:30 HKF, Fall WS 10:00 P. Pong 10:00 Busy Hands Grp 11:30 Spring Luncheon 12:45 P-Ball	7 9:30 Vets Coffee Hr 10:00 S/B, P. Pong 11:00 Beg. Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle	
10 9:30 Bridge 10:00 D. Bridge, Dance 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	11 *Birthday Bash 10:00 Strength/Balance 11:00 Strength/Balance 11:30 B-Day Reception 12:00 B-Day Lunch 12:45 Mah Jong 12:45 Singing, P-Ball	12 9:30 Hand, Knee, Foot 10:00 Hand/Foot 10:00 Duplicate Bridge 11:00 Int. Tai Chi 12:00 Lunch 12:45 Scrble, P-ball	13*Bingo 9:30 HKF, Fall WS 10:00 S/B, P. Pong 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 P-Ball, Bingo	14 9:30 Sr. Connections 10:00 S/B, P. Pong 11:00 Beginner Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, Art Workshop	
17*Rev Theater Trip 9:30 Bridge 10:00 D. Bridge, Dance 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	18 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Singing Group 12:45 Pickleball	19 CLOSED FOR JUNETEENTH	20 *M. Puzzles 9:30 Hand, Knee, Foot 10:00 S/B, P. Pong 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 P-ball, M. Puzzles	21 10:00 S/B, P. Pong 11:00 Beginner Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, Art Workshop	
24 9:30 Bridge 10:00 D. Bridge, Dance 11:00 Chair Yoga 12:00 Lunch 12:45 Pitch, Bridge 12:45 Pickleball	25*Exercise in gym 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Singing Group 12:34 Pickleball	26 9:30 Hand, Knee, Foot 10:00 Hand/Foot 10:00 Duplicate Bridge 11:00 Int. Tai Chi 12:00 Lunch 12:45 Scrble, P-ball	27 *Bunko 9:30 Hand, Knee, Foot 10:00 Strength, P. Pong 10:00 Busy Hands Grp 11:00 Strength/Balance 12:00 Lunch 12:45 Bunko, P-Ball	28 9:30 Sr. Connections 10:00 Ping Pong 11:00 Beginner Zumba 11-12 Tech Time 12:00 Lunch 12:45 Pinochle, Art Workshop	
				S/B=Strength/Balance P-Ball=Pickleball P. Pong=Ping Pong Scrble=Scrabble D.Bridge=Duplicate Bridge Dance=Line Dancing	