

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
3 Bring a Friend to Lunch Day! 9:30 Bridge 10:00 Walking Group 11:00 Chair Yoga 12:00 Lunch 12:45 Pound Class, Pitch	4 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 MOVIE: "Bohemian Rhapsody" 12:45 Mah Jong	5 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Corn Hole, Scrabble, Wii Bowling NO EXERCISE TODAY!	6 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 11:00 FREE Tech Time 12:00 Lunch 12:45 Bingo NO EXERCISE TODAY!	7 10:00 Weight Watchers 10:00 Walking Group 10:00 Beginner Zumba 11:00 Strength/Balance 12:00 Lunch 1:00 Pinochle NO EXERCISE TODAY!
10 9:30 Bridge 10:00 Walking Group 11:00 Chair Yoga 12:00 Lunch 12:45 Pound Class, Pitch	11 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong	12 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Corn Hole, Scrabble, Wii Bowling	13 Valentine Luncheon 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 11:00 Tech Time 11:30 Reception 12:00 Luncheon	14 10:00 Weight Watchers 10:00 Walking Group 10:00 Beginner Zumba 11:00 Strength/Balance 12:00 Lunch 1:00 Pinochle
17 CLOSED TODAY FOR PRESIDENTS DAY	18 10:00 Strength/Balance 11:00 Strength/Balance 11:30 Reception 12:00 Birthday Bash 12:45 Board Game Day 12:45 Mah Jong	19 Embroidery Group 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Corn Hole, Scrabble, Wii Bowling	20 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mind Puzzles	21 10:00 Weight Watchers 10:00 Walking Group 10:00 Beginner Zumba 11:00 Strength/Balance 12:00 Lunch 1:00 Pinochle
24 9:30 Bridge 10:00 Walking Group 11:00 Chair Yoga 12:00 Lunch 12:45 Pound Class, Pitch	25 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong	26 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Corn Hole, Scrabble, Wii Bowling	27 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Bunko	28 10:00 Weight Watchers 10:00 Walking Group 10:00 Beginner Zumba 11:00 Strength/Balance 12:00 Lunch 1:00 Pinochle