

3	4	5 May 2021	6	7
9:00 Walking Group 11:00 Chair Yoga	9:30 Strength/Balance 11:00 Strength/Balance	9:00 Walking Group 9:30 Chair Yoga 11:00 Intermediate Tai Chi 11:00 Scrabble	9:30 Strength/Balance 11:00 Strength/Balance	9:00 Walking Group 9:30 Strength/Balance 11:00 Beginner Zumba
10 9:00 Walking Group 11:00 Chair Yoga	11 <u>Birthday Bash</u> 9:30 Strength/Balance 11:00 Strength/Balance	12 9:00 Walking Group 9:30 Chair Yoga 11:00 Intermediate Tai Chi 11:00 Scrabble	13 9:30 Strength/Balance 10:30 Bingo 11:00 Strength/Balance	14 9:00 Walking Group 9:30 Strength/Balance 11:00 Intermediate Tai Chi
17 9:00 Walking Group 11:00 Chair Yoga	18 9:30 Strength/Balance 11:00 Strength/Balance	19 9:00 Walking Group 9:30 Chair Yoga 11:00 Intermediate Tai Chi 11:00 Scrabble	20 9:30 Strength/Balance 11:00 Strength/Balance	21 9:00 Walking Group 9:30 Strength/Balance 10:30 Trivia 11:00 Intermediate Tai Chi
24 9:00 Walking Group 11:00 Chair Yoga	25 9:30 Strength/Balance 11:00 Strength/Balance	26 9:00 Walking Group 9:30 Chair Yoga 11:00 Intermediate Tai Chi 11:00 Scrabble	27 9:30 Strength/Balance 11:00 Strength/Balance	28 9:00 Walking Group 9:30 Strength/Balance 11:00 Intermediate Tai Chi
30 CLOSED MEMORIAL DAY				