


**December 2018**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>3</b> 9:30 Bridge 9:30 <b>FREE DANCE LESSONS</b> 10:00 Walking Group, Ping Pong 11:00 Chair Yoga 12:00 Lunch 12:45 <b>POUND</b> exercise 12:45 Pitch	<b>4</b> 10:00 Strength/Balance 11:00 Strength/Balance 11:30 Hand Bells Concert 12:00 Lunch 12:45 <b>MOVIE: The Imitation Game</b> 12:45 Mah Jong	<b>5</b> 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 <b>Chair Yoga</b> 12:00 Lunch 12:45 Will Bowling, Corn Hole 12:45 Scrabble	<b>6</b> 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 <b>Holiday Card Making Workshop</b>	<b>7</b> 9:30 Gentle Yoga 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Lunch (soup and salad) 1:00 Pinochle
<b>10</b> 9:30 Bridge 10:00 <b>Blood Pressures</b> 10:00 Walking Group, Ping Pong 11:00 Chair Yoga 12:00 Lunch 12:45 <b>POUND</b> exercise 12:45 Pitch	<b>11</b> 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong	<b>12</b> 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 <b>Chair Yoga</b> 12:00 Lunch 12:45 Will Bowling, Corn Hole 12:45 Scrabble	<b>13</b> 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 11:30 <b>Reception</b> 12:00 <b>Holiday Luncheon</b>	<b>14</b> 9:30 Gentle Yoga 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 11:30 <b>OTLB-Lincklaen House</b> 12:00 Lunch (soup and salad) 1:00 Pinochle
<b>17</b> 9:30 Bridge 10:00 Walking Group, Ping Pong 11:00 Chair Yoga 12:00 Lunch 12:45 <b>POUND</b> exercise 12:45 Pitch	<b>18</b> 10:00 Strength/Balance 11:00 Strength/Balance 11:30 <b>Reception</b> 12:00 <b>Birthday Bash</b> 12:45 Mah Jong	<b>19</b> 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 <b>Chair Yoga</b> 12:00 Lunch 12:45 Wii Bowling, Corn Hole 1:00 Scrabble	<b>20</b> 9:30 <b>Holiday Brunch</b> 10:00 Cards 10:00 Strength/Balance 10:30 <b>Sing-a-long with Frolic</b> 11:00 Strength/Balance 11:00 <b>BINGO (note the time change for today only)</b>	<b>21</b> 9:30 Gentle Yoga 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Lunch (soup and salad) 1:00 Pinochle
<b>24</b> 9:30 Bridge 10:00 Walking Group, Ping Pong 11:00 Chair Yoga  <b>MSC CLOSES TODAY AT NOON!</b>	<b>25</b> <p align="center"><b>CLOSED TODAY!</b> <b>MERRY CHRISTMAS!!</b></p> 	<b>26</b> 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole 1:00 Scrabble	<b>27</b> 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 <b>BUNKO</b>	<b>28</b> 9:30 Gentle Yoga 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Lunch (soup and salad) 1:00 Pinochle
<b>31</b> 9:30 Bridge 10:00 Walking Group, Ping Pong 11:00 Chair Yoga				