

## February 2019

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				<b>1</b> 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Soup and Sandwich 1:00 Pinochle
<b>4</b> 9:30 Bridge 10:00 Walking Group, Ping Pong 11:00 Chair Yoga 12:00 Lunch 12:45 <b>POUND</b> exercise , Pitch	<b>5</b> 10:00 Strength/Balance 11:00 Strength/Balance 12:45 <b>MOVIE: <i>Same Kind of Different As Me</i></b> 12:45 Mah Jong	<b>6</b> 10:00 Tai Chi, Duplicate Bridge 10:30 <b>Great Decisions</b> 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole and Scrabble	<b>7 Exercise Classes in Gym Today</b> 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 <b>BINGO</b>	<b>8</b> 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Soup and Sandwich 1:00 Pinochle
<b>11</b> 9:30 Bridge 10:00 Walking Group 11:00 Chair Yoga 12:00 Lunch 12:45 <b>POUND</b> exercise , Pitch	<b>12</b> 10:00 Strength/Balance 11:00 Strength/Balance 11:30 <b>Reception</b> 12:00 <b>BirthDay Bash</b> 12:45 <b>Card Making Workshop w/ Renee Piraino</b> 12:45 Mah Jong	<b>13</b> 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 10:30 <b>Great Decisions</b> 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole, and Scrabble	<b>14 NO EXERCISE CLASSES TODAY</b> 10:00 Cards 11:30 <b>Reception</b> 12:00 <b>Valentine Luncheon</b> 1:00 <b>DeWitt Choraliers</b>	<b>15</b> 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Soup and Sandwich 1:00 Pinochle
<b>18</b>  <b>CLOSED TODAY</b> <b>President's Day</b>	<b>19</b> 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 <b>Elton Fairbank's Art Workshop</b> 12:45 Mah Jong	<b>20</b> 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 10:30 <b>Great Decisions</b> 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole and Scrabble	<b>21</b> 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 <b>Mind Puzzles</b>	<b>22</b> 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Soup and Sandwich 1:00 Pinochle
<b>25</b> 10:00 Walking Group, Ping Pong 11:00 Chair Yoga 12:00 Lunch 12:45 <b>POUND</b> exercise, Pitch	<b>26</b> 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong	<b>27</b> 10:00 Tai Chi, Duplicate Bridge 10:30 <b>Great Decisions</b> 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole and Scrabble	<b>28</b> 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 <b>BUNKO</b>	