

# January 2019

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<b>1</b>  <b>HAPPY 2019!!</b> <b>CLOSED TODAY</b>	<b>2</b> 10:00 Tai Chi, Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Will Bowling, Corn Hole and Scrabble	<b>3</b> 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch	<b>4</b> 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Lunch (soup and sandwich) 1:00 Pinochle
<b>7</b> 9:30 Bridge 10:00 Walking Group, Ping Pong 11:00 Chair Yoga 12:00 <b>Bring a friend to lunch for \$1.00</b> 12:00 Lunch 12:45 ART Class 12:45 <b>POUND</b> exercise , Pitch	<b>8</b> 10:00 Strength/Balance 11:00 Strength/Balance 11:30 <b>Reception</b> 12:00 <b>Birthday Bash</b> 12:45 <b>MOVIE: Chappaquiddick</b> 12:45 Mah Jong	<b>9</b> 10:00 Tai Chi, Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Will Bowling, Corn Hole and Scrabble	<b>10</b> 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 <b>BINGO</b>	<b>11</b> 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Lunch (soup and sandwich) 1:00 Pinochle
<b>14</b> 9:30 Bridge 10:00 Walking Group 11:00 Chair Yoga 12:00 <b>Bring a friend to lunch for \$1.00</b> 12:00 Lunch 12:45 ART Class 12:45 <b>POUND</b> exercise , Pitch	<b>15</b> 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 Family Love Letters Financial Presentation	<b>16</b> 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole, and Scrabble	<b>17</b> 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 <b>MIND PUZZLES</b>	<b>18</b> 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Lunch (soup and sandwich) 1:00 Pinochle
<b>21</b>  <b>CLOSED TODAY</b> <b>MARTIN LUTHER KING, JR DAY</b>	<b>22</b> 10:00 Strength/Balance 11:00 Strength/Balance 11:00-12:30 <b>Sharon Keiffer will be here to help with HEAP applications, questions, etc.</b> 12:00 Lunch 12:45 Mah Jong	<b>23</b> 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 10:30 <b>Great Decisions Starts</b> 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole and Scrabble	<b>24</b> 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 <b>Password Game Day</b>	<b>25</b> 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Lunch (soup and sandwich) 1:00 Pinochle
<b>28</b> 9:30 Bridge, <b>FREE</b> Dance Lessons from Fred Astaire Dance Studio 10:00 Walking Group, Ping Pong 11:00 Chair Yoga 12:00 Lunch 12:45 <b>POUND</b> exercise, Pitch	<b>29</b> 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong	<b>30</b> 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 10:30 <b>Great Decisions</b> 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole and Scrabble	<b>31</b> 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 <b>BUNKO</b>	