

March 2019

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				1 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Soup and Sandwich 1:00 Pinochle
4 9:30 Bridge 10:00 Walking Group, Ping Pong 11:00 Chair Yoga 12:00 Lunch 12:45 POUND exercise , Pitch 12:45 ART Class w/ Dorothy	5 10:00 Strength/Balance 11:00 Strength/Balance 11:00 Hand bells 12:45 MOVIE: Chappaquiddick (rescheduled from January) 12:45 Mah Jong	6 10:00 Tai Chi, Duplicate Bridge 10:30 Great Decisions 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole and Scrabble	7 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Crafts and Conversation 12:45 BINGO	8 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Soup and Sandwich 1:00 Pinochle
11 9:30 Bridge 10:00 Walking Group 11:00 Chair Yoga 12:00 Lunch 12:45 POUND exercise , Pitch 12:45 ART Class w/ Dorothy	12 10:00 Strength/Balance 11:00 Strength/Balance 11:00 Hand bells 11:30 Reception 12:00 Birthday Bash 12:45 Mah Jong	13 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 10:30 Great Decisions 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole, and Scrabble	14 10:00 Cards 11:30 Strength/Balance 12:00 Lunch 12:45 Crafts and Conversation 12:45 MIND PUZZLES	15 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Soup and Sandwich 12:45 Irish Dancers/Ice Cream Social 1:00 Pinochle
18 9:30 Bridge 10:00 Walking Group 11:00 Chair Yoga 12:00 Lunch 12:45 POUND exercise, Pitch 12:45 MSAC ART SHOW	19 10:00 Strength/Balance 11:00 Strength/Balance 11:00 Hand bells 12:00 Lunch 12:45 Mah Jong	20 9:30 Embroidery Group 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 10:30 Final Great Decisions 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole and Scrabble	21 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Crafts and Conversation 12:45 Deputy Poland Informative Presentation	22 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Soup and Sandwich 1:00 Pinochle
25 9:30 Bridge 10:00 Walking Group, Ping Pong 11:00 Chair Yoga 12:00 Lunch 12:45 POUND exercise, Pitch 12:45 ART class w/ Dorothy	26 10:00 Strength/Balance 11:00 Strength/Balance 11:00 Hand bells 12:00 Lunch 12:45 Mah Jong	27 10:00 Tai Chi, Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole and Scrabble	28 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Crafts and Conversation 12:45 BUNKO	29 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 11:00 Strength/Balance 12:00 Soup and Sandwich 1:00 Pinochle