May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
		1 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole, and Scrabble	**2** 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 11:00 Drop in Tech Time w/ Steph 12:00 Lunch 12:45 **Senior Information Fair**	**3** 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 10:00 Chair Yoga 11:00 Strength/Balance 12:00 Egg Salad Sandwich and Broccoli Salad 1:00 Pinochle
6 BRING A FRIEND TO LUNCH DAY 9:30 Bridge 10:00 Walking Group, Ping Pong 11:00 Chair Yoga 12:00 Lunch 12:45 **POUND** exercise , Pitch	**7** 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 **Card Making Class** 1:00 **Manlius Informed**	**8** 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:30 **PACE Presentation** 12:45 Will Bowling, Corn Hole and Scrabble	**9** 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 ***BINGO*** ***Jazz and Wine Fundraiser w/ Silent Auction 6:00PM***	**10** 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 10:00 Chair Yoga 11:00 Strength/Balance 12:00 Ham Sandwich & Pasta Salad 1:00 Pinochle
13 9:30 Bridge 10:00 Walking Group 11:00 Chair Yoga 12:00 Lunch 12:45 **POUND** exercise , Pitch	**14** 10:00 Strength/Balance 11:00 Strength/Balance 11:30 **Reception** 12:00 **Birthday Bash** 12:45 Mah Jong 1:00 **Manlius Informed**	**15** 9:30 **Embroidery Group** 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole, and Scrabble	**16** 10:00 Cards 11:30 Strength/Balance 12:00 Lunch 12:45 ***MIND PUZZLES***	**17** 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 10:00 Chair Yoga 11:00 Strength/Balance 12:00 Greek Salad 1:00 Pinochle
20 9:30 Bridge 10:00 Walking Group 11:00 Chair Yoga 12:00 Lunch 12:45 **POUND** exercise, Pitch	**21** 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong 12:45 **Round Table Discussion** 1:00 **Manlius Informed**	**22** 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch 12:45 Wii Bowling, Corn Hole and Scrabble	**23** 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 **Vietnam Presentation in Honor of Memorial Day**	**24** 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 10:00 Chair Yoga 11:00 Strength/Balance 12:00 Turkey BLT & Pasta Salad 1:00 Pinochle
27 **CLOSED FOR MEMORIAL DAY!**	**28** 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch 12:45 Mah Jong	**29** 10:00 Intermediate Tai Chi 10:00 Duplicate Bridge 11:00 Chair Yoga 12:00 Lunch	**30** 10:00 Cards 10:00 Strength/Balance 11:00 Strength/Balance 12:00 Lunch	**31** 10:00 Weight Watchers 10:00 Walking Group, Ping Pong 10:00 Chair Yoga 11:00 Strength/Balance **11 TO 1 PREREGISTRATION FOR**