

September Menu 2020

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<p>1 Tilapia w/ pineapple salsa Rice Pilaf Vegetable Salad Dessert</p> <p>Yoga w/ Chris on FB at 9am</p>	<p>2 <u>Walking Grp 9am</u> Roast Turkey, Gravy Roasted Potatoes Vegetable Salad Dessert</p>	<p>3 Cheesy Zucchini Chicken Bake Salad Dessert</p>	<p>4 <u>Walking Grp 9am</u> Sloppy Joe Coleslaw Chips Vegetable Salad Dessert</p>
<p>7 CLOSED FOR LABOR DAY</p>	<p>8 Cobb Salad Bread Dessert</p> <p>Yoga w/ Chris on FB at 9am</p>	<p>9 <u>Walking Grp 9am</u> Meatloaf, Gravy Mashed Potatoes Vegetable Salad Dessert</p>	<p>10 <u>Social Distance Coffee Connection 10:30am</u> Chicken Cacciatore Vegetable Salad Dessert</p>	<p>11 <u>Walking Grp 9am</u> Wraps Chips Potato Salad Dessert</p>
<p>14 <u>Walking Grp 9am</u> Creamy Bow Tie Pasta w/ Sausage, Spinach and Tomatoes Salad Dessert</p>	<p>15 <u>Birthday Bash</u> BBQ Chicken Baked Beans, Coleslaw Salad Birthday Cake</p> <p>Yoga w/ Chris on FB at 9am</p>	<p>16 <u>Walking Grp 9am</u> Pasta Primavera w/ Chicken Vegetable Salad Dessert</p>	<p>17 Corn Chowder Corn Bread Fruit Salad Dessert</p>	<p>18 <u>Walking Grp 9am</u> Chicken Stir Fry Salad Dessert</p>
<p>21 <u>Walking Grp 9am RSVP for Buddy Holly</u> Chicken Parmesan Vegetable Salad Dessert</p>	<p>22 Chicken and Veggie Skewers Potato Salad Dessert</p> <p>Yoga w/ Chris on FB at 9am</p>	<p>23 <u>Walking Grp 9am</u> Ravioli w/ Sausage in sauce Vegetable Salad Dessert</p>	<p>24 <u>Social Distance Coffee Connection 10:30am</u> Waldorf Salad on Croissant Pasta Salad Dessert</p>	<p>25 <u>Walking Grp 9am</u> Chicken Fettucine Alfredo Vegetable Salad Dessert</p>
<p>28 <u>Walking Grp 9am Buddy Holly at Merry Go Round Playhouse</u> Shrimp Scampi Pasta Vegetable</p>	<p>29 Beef Taco Salad Dessert</p> <p>Yoga w/ Chris on FB at</p>	<p>30 <u>Walking Grp 9am</u> Cheesy Scalloped Potatoes and Ham Vegetable Salad</p>	<p>Please return the plastic reusable take out containers each time you pick up lunch!</p>	<p>NOTE: The requested donation for lunch FOR MEMBERS is \$5.00. You may order a veggie or turkey burger as an alternative to the specified entree.</p>